

THE RED HOUSE PRACTICE

THE RED HOUSE GROUP

Your Practice Needs You!

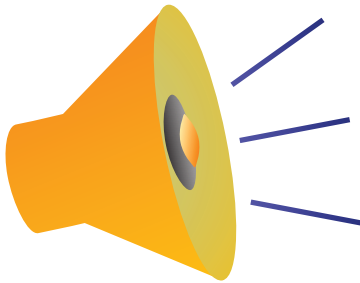


To make the practice even better we need to know

Your views

Your news

Your suggestions



Please contact the

**Red House Patient Group
(PPG)**

Email: redhousegroup@nhs.net Fao PPG

We are a group of patients here to liaise between patients, doctors and practice staff in non-medical matters, to continue to improve our practice.

NOTES FROM THE PRACTICE



As Dr. Ingram has now retired, his place, as the link between the Practice and the Patient Group (PPG) has been taken by Dr. Krish Gupte. - Dr. Gupte is now the PPG lead and is looking forward to the future, working together with and very much valuing the role of the PPG. He is passionate about patient care. Dr. Gupte was educated in Mumbai and Watford and specialises in E.N.T.

He has been at the Red House for nine years and became a partner a year and a half ago. He has travelled extensively and has also lived in the Seychelles. He is married and has two girls and lives in North London.

RECENT APPOINTMENT- NURSE PRACTITIONER -ANDREW BELL

I'm a husband and father to two young children living in this location for the last four years. Main interests are music, concerts and seeing my family.

I am an emergency nurse practitioner with a background of working in a central London emergency department and urgent care centres. I am qualified to see minor illness/ailments and minor injuries. I am also a non medical prescriber meaning I can prescribe medication for the presenting complaint if required.

DR. MICHAEL INGRAM

Dr. Michael Ingram has retired as a partner of the Red House Practice. However, he will still carry out locum duties at the surgery when required.

He has been a partner for almost 31 years, and says he is happy to be treating patients who were just born when he started at the Red House.

In his spare time Dr Ingram has run 44 marathons and his target is to complete 50, some achievement! He is still very much involved with medical matters with which he will continue.

I'm sure that all Dr. Ingram's patients would wish to give him our grateful thanks for all the care and attention he has lavished on us for so many years. We wish him a very happy retirement.



Gill Balen.

HAVE YOU HAD YOUR FLU JAB?

The flu jab season has started at the Red House Group Practices. Support your own practice by having your flu jab there. You are eligible if you are over 60, or at any age if you have a pre-existing medical condition that puts you at increased risk of complications if you contract flu. You can pop in from October to end of year then check for details at the practice.

HERTS HELP AND HERTFORDSHIRE INDEPENDENT LIVING SERVICE OUR CARING SERVICE, YOUR PEACE OF MIND

HertsHelp is an organisation which provides local advice, information and support.

If you don't know where to turn, contact them and they will either be able to help, or direct you to someone who can.

All their advice is **free**, and they deal with all problems, not just those to do with health. This also includes young carers.

Contacts are:

Phone: 0300 123 4044 (local rate) Monday to Friday 9am until 5pm,

Thursdays 9am until 7pm

Fax: 0300 456 2365

Email: info@hertshelp.net

Minicom: 0300 456 2364

Text: hertshelp to 81025

Post: HertsHelp, Hertlands House. Primett Road, Stevenage,
Herts SG13EE

Herts Independent Living Service (HILS) is the largest not-for-profit meals on wheels service in the UK. It provides a range of caring services to help people to stay happy, healthy and independent in their own homes.

They deliver meals on wheels across Hertfordshire 365 days a year, whatever the weather.

Every visit includes delivery of a hot meal and dessert, along with a caring welfare check, at the subsidised cost of £4.55 per day.

Call 0330 2000 103 or email [info @ hertsindependentliving.org](mailto:info@hertsindependentliving.org)

THE RED HOUSE PATIENTS GROUP COMMITTEE MEMBERS 2017/18

Chair Stuart Nagler, Deputy Chair Natalie Susman,
Peter Court, Susan Deacon, Hannah Gottlieb, Barbara Hordern,
Jeffrey Land, Miriam Moore, Kumara Moorthy and Sally Pochin.
Practice Manager Lynn Delaney, Assistant Practice Manager Ann Chiparo.



DID NOT ATTEND (DNA)

Missed Appointments/ No Shows

Thank you to all those patients who regularly keep their routine appointments

HOWEVER

Yet again many routine appointments are being wasted by patients who fail to cancel an appointment they are unable to keep.

In September 2017 155 appointments were missed which equals 1,540 minutes or over 25 hours of valuable Doctor/Nurse time. We often moan about how difficult it can be to get a routine appointment, just think how much more time would be available if patients' cancelled appointments were freed up.

Please think of others and cancel that unwanted appointment.

Age UK always have advice for keeping an eye on older neighbours as the nights draw in and temperatures drop. In fact neighbours can play a critical role in keeping the elderly in their own homes. Radlett has its own Good Neighbours scheme but we can all help in a small way.

It doesn't have to be snowing or icy, a phone call or visit, just putting out the wheely bin or getting some shopping at any time can be welcome.

Good Neighbours Co-ordinator - Mrs. Ros Gray 01923 857712