

Preparing For Your E.C.G.

Date:.....

Time:.....

Having an E.C.G. is a painless procedure. It is done to measure the electrical activity of your heart and will take about 20 minutes.

We advise that:

- You wear easily removed, loose clothing, as we will put stickers on your chest, wrists and ankles. You will have to remove all upper clothing.
- Ladies, if possible do not wear tights. Wear loose trousers/skirt.
- Do not use talcum powder, body lotion/ body oil on the day.
- Gentlemen, be prepared that we may have to shave/clip some chest hair if necessary.

THANK YOU FOR YOUR CO-OPERATION