

THE RED HOUSE SURGERY

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Coil Fitting Checklist for The Red House Group

The Practice asks that all ladies who are having a coil fitted, replaced or removed read the following guidelines before booking their appointment. Due to the personal nature of the content, you will have been asked to come to the surgery to collect a copy or a copy will be sent to you.

- If you are booking an appointment for a coil fitting, you should book your appointment during the first week of menstruation. This needs to be done to ensure that there is no risk of pregnancy during that cycle and to make the procedure more comfortable for you.

- If you are having your coil fitted, replaced or removed, please ensure that you have not had unprotected intercourse in the week prior to the fitting, to prevent unwanted pregnancy.

- It is advisable to take 400mg of Ibuprofen 30 minutes before the coil fitting or coil change, if there is no history of an allergic reaction.



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